

Children / Youth

KARATE BEGINNER (7-16Y)				
Self defense training for boys and girls. Learn basic stances, blocks, self-discipline and self-confidence. (Min 10, Max 30)				
\$65.00/11 wks	Thu 5:30 - 6:00pm	Jan 19 – Apr 5 (no class Mar 15)	Gym	117050
CHEERLEADING CLASS A (8-12Y)				
A great sport offering girls an opportunity to develop self esteem, build confidence, and get physically fit while having fun in a positive environment. . (Min 6, Max 10)				
\$60.00/11 wks	Thu 7:00 - 8:00pm	Jan 19 – Apr 5 (no class Mar 15)	1	117057
CHEERLEADING CLASS B (6-10Y)				
A great sport offering girls an opportunity to develop self esteem, build confidence, and get physically fit while having fun in a positive environment. (Min 8, Max 20)				
\$55.00/11 wks	Wed 4:30- 5:30pm	Jan 18 – Apr 4 (no class Mar 14)	1	117058
CHILDREN'S INDOOR SOCCER (4-6Y)				
Learn soccer basics in a fun, noncompetitive way. Please wear non-marking shoes – NO CLEATS! (Min 8, Max 15)				
\$50.00/11 wks	Fri 4:00- 4:45pm	Jan 13 – Mar 30 (no class Mar 16)	Gym	117053
HAPPY HOOPS (7-10Y)				
Learn new skills, practice shots while having fun playing basketball. Please wear non-marking shoes. (Min 8, Max 15)				
\$40.00/10 wks	Mon 6:45- 7:30pm	Jan 16 – Apr 2 (no class Feb 20, Mar 12)	Room	117054
KARATE INTERMEDIATE (7-16Y)				
Self defense training for boys and girls. Learn basic stances, blocks, self-discipline and self-confidence. (Min , Max)				
\$65.00/11 wks	Sat 10:00-11:00am	Jan 14 – Mar 24	Gym	117120
\$65.00/11 wks	Thu 7:00- 8:00pm	Jan 19 – Apr 5 (no class Mar 15)	Gym	117119
JR HAPPY HOOPS (4-6Y)				
Children will be taught basic basketball skills in a fun environment. Wear non-marking shoes. (Min 8, Max 15)				
\$40.00/10 wks	Mon 6:00- 6:45pm	Jan 16 – Apr 2 (no class Feb 20, Mar 12)	Gym	117055
\$40.00/11 wks	Fri 4:45- 5:30pm	Jan 13 – Mar 30 (no class Mar 16)	Gym	117056
KINDER KARATE (4-7Y)				
Self defense training for boys and girls. Learn basic stances, blocks, self-discipline and self-confidence. (Min 10, Max 30)				
\$55.00/11 wks	Sat 9:15-10:00am	Jan 14 – Mar 24	Gym	117051
\$55.00/11 wks	Thu 4:45- 5:30pm	Jan 19 – Apr 5 (no class Mar 15)	Gym	117052
LITTLE SAMURAI (6-15Y)				
Drawing, cutting, and returning equipment to the scabbard in a series of smooth, well defined movements. Learn traditional Kata and Kunitachi. (Min 10, Max 30)				
\$45.00/11 wks	Thu 6:30- 7:00pm	Jan 19 – Apr 5 (no class Mar 15)	Gym	117118

Children / Youth: Dance

COMBINATION FASCINATION (5-7Y)				
Come out and try different styles of dance. Try ballet, jazz and creative movement all in one class. (Min 6, Max 12)				
\$50.00/11 wks	Sat 11:30-12:00pm	Jan 14 – Mar 24	2	117038
HIP HOP BEGINNER (8-10Y)				
Get with the basic Hip Hop moves. Look fine on the dance floor. (Min 6, Max 12)				
\$65.00/11 wks	Sat 10:00-11:00am	Jan 14 – Mar 24	2	007037
JAZZ (4-6Y)				
This program is designed to teach the basic movements and rhythm of Jazz in a fun environment. (Min 6, Max 12)				
\$50.00/11 wks	Thu 5:30- 6:00pm	Jan 19 – Apr 5	2	117121
KINDER BALLET (4-6Y)				
Introduction to basic ballet movement in a creative way. (Min 6, Max 12)				
\$50.00/11 wks	Sat 11:00 - 11:30am	Jan 14 – Mar 24	2	117122
\$50.00/11 wks	Thu 5:00 - 5:30pm	Jan 19 – Apr 5 (no class Mar 15)	2	117039

Children / Youth: Music

GUITAR FOR KIDS - LEVEL 1 (8-14Y)				
Start by learning to play simple tunes. Music is provided. Must bring your own guitar. (Min 3, Max 6)				
\$50.00/10 wks	Mon 6:00- 6:30pm	Jan 16 – Apr 2 (no class Feb 20, Mar 12)	Pre	117060
\$50.00/10 wks	Mon 5:30- 6:00pm	Jan 16 – Apr 2 (no class Feb 20, Mar 12)	Pre	117063
GUITAR FOR KIDS - LEVEL 2 (8-14Y)				
Continue to develop your skills from Level 1. Music provided. Must bring your own guitar. (pre-req: Level 1) (Min 3, Max 6)				
\$50.00/10 wks	Mon 6:30- 7:00pm	Jan 16 – Apr 2 (no class Feb 20, Mar 12)	Pre	117059
GUITAR FOR KIDS - LEVEL 3 (8-14Y)				
Continue to develop skills from Level 2. Music provided. Must bring your own guitar. (pre-req: Level 2) (Min 3, Max 10)				
\$50.00/10 wks	Mon 7:00- 7:30pm	Jan 16 – Apr 2 (no class Feb 20, Mar 12)	Pre	117061

Children Youth: Special Interest

KPL KIDS AT FOREST HEIGHTS COMMUNITY CENTRE (6-11Y)				
Come to the Forest Heights Community Centre for an awesome evening of crafts and fun. We will have cool themes and lots of interesting things for you to explore. (Min 10, Max 20)				
\$0.00/8 wks	Mon 6:00- 7:00pm	Jan 9 – Mar 5 (no class Feb 20)	1	117117
LEGO MY LEGO! (6-11Y)				
Lego your imagination because FUN rules! Inspired by weekly themes, the Lego club envisions, designs, and builds awesome Lego creations! (Min 6, Max 12)				
\$45.00/11 wks	Wed 5:30- 6:30pm	Jan 18 – Apr 4 (no class Mar 14)	1	117114
\$45.00/11 wks	Wed 6:30- 7:30pm	Jan 18 – Apr 4 (no class Mar 14)	1	117116
COOKING BASICS (11-14Y)				
Focus on healthy eating practices using common ingredients. Learn proper food handling, clean up, and safety. (Min 3, Max 5)				
\$75.00/11 wks	Tue 7:00- 8:15pm	Jan 17 – Apr 3 (no class Mar 13)	Kitchen	117045
\$75.00/11 wks	Thu 7:00- 8:15pm	Jan 19 – Apr 5 (no class Mar 15)	Kitchen	117046

COOKING FOR FUN (7-10Y)

A great hands on learning experience. Review kitchen safety, and learn to make simple recipes. (Min 3, Max 5)

\$75.00/11 wks	Tue 6:00- 7:00pm	Jan 17 – Apr 3 (no class Mar 13)	Kitchen	117047
\$75.00/11 wks	Thu 6:00- 7:00pm	Jan 19 – Apr 5 (no class Mar 15)	Kitchen	117048

KINDER COOKING (4-6Y)

Explore cooking by taste, touch, and smell. Simple recipes. Learn kitchen safety and basic cooking skills. (Min 3, Max 5)

\$75.00/11 wks	Thu 5:00- 6:00pm	Jan 19 – Apr 5 (no class Mar 15)	Kitchen	117044
----------------	------------------	----------------------------------	---------	--------

TASTE AND BAKE (3-5Y)				
Have some fun in the kitchen. Learn through hands on experience the safe way to enjoy baking. (Min 3, Max 5)				
\$45.00/6 wks	Tue 5:00- 6:00pm	Jan 17 – Feb 21	Kitchen	117042